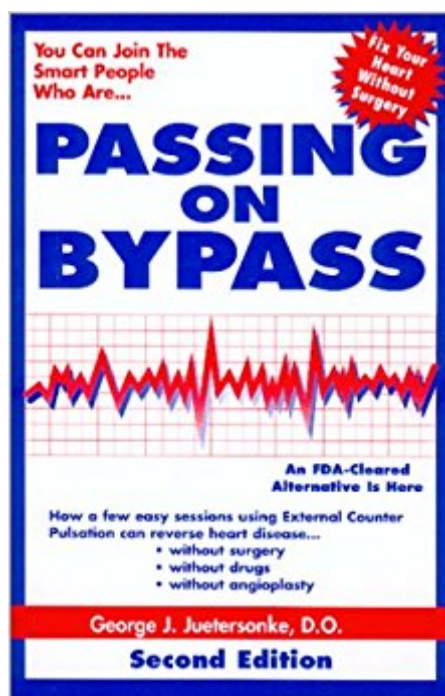


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# Passing On Bypass Using External CounterPulsation : An FDA Cleared Alternative To Treat Heart Disease Without Surgery, Drugs Or Angioplasty. SECOND EDITION



## Synopsis

Over 58 million Americans have some kind of heart disease. Far too many people are unnecessarily forced into surgery or angioplasty when a safer alternative exists. This book describes External CounterPulsation, which is a painless, non-invasive, successful treatment for patients with heart disease and angina. Pressure cuffs wrapped around a patient's legs and hips squeeze the leg muscles in conjunction with the beating of the heart. The idea behind ECP (Medicare and insurance covered), is to boost blood flow to the heart through the natural growth of bypasses around arterial blockages. This amazing treatment even works in bypass failures.

## Book Information

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## Customer Reviews

"...Dr. J. reveals well-guarded secrets about coronary heart disease..." James Ehrlich, MD --  
Medical Director, Colorado Heart Imaging

George J. Jueteronke, D.O. is a graduate of Midwestern University, Chicago College of Osteopathic Medicine. Board certified in Family Practice, Dr. Jueteronke has been practicing medicine for 20 years. In addition to a busy medical practice in Colorado Springs, Colorado, Dr. Jueteronke is also Clinical Assistant Professor at the University of North Texas Health Science Center in Fort Worth.

This book is a "must read" for anyone with angina pectoris (heart pain) since it carefully describes

and documents the supporting data behind ECP (External Counter Pulsation), the most exciting advance in the treatment of heart disease in the last 20 years...and perhaps ever. Just in case you haven't yet heard, the traditional route of treating severe coronary artery disease (angiograms, angioplasty, stents and ultimately bypass surgery) has been shown convincingly to not be all it is cracked up to be. And there are life saving alternatives with proven track records which, combined with the correct diet and modest exercise, can actually reverse your problem, not just "bypass" one inch it. This book is the only one I am aware of on the market to explain one of the key components of this approach to heart disease, ECP. And ECP is the only therapy to date which improves angina. IF YOU OR SOMEONE YOU LOVE HAS ANGINA ALREADY, YOU MUST READ THIS BOOK IMMEDIATELY. ECP is treatment where pressurized cuffs are placed around your lower legs and pelvis, and hooked up to a computer that controls the process. When your heart beats and the blood is rushing out of your heart, the cuffs relax, allowing blood flow to your pelvis and legs. After this beat has finished, while your heart "regroups" for its' next beat, the cuffs contract, milking the blood out of your legs and pelvis to force it back into your heart. This increases the blood flow to the small arteries in your heart that provide the blood flow to the heart muscle itself (coronary arteries). This treatment has been shown in a number of studies to be very effective for the treatment of angina, and, in fact, over a series of treatments can allow angina patients to increase their activity level and get off nitroglycerin and other pain remedies for angina. ECP WORKS. ECP has been shown to be effective in a number of studies, including one large multicenter placebo-controlled study (MUST-EECP, J Am Coll Cardiol. June 1999). ECP works by promoting the development of collateral circulation to your heart. Rather than have one large artery supply your heart, you "grow" other very small vessels to the size that they can give your heart the blood it needs. Most patients who are currently undergoing angiograms, angioplasties, stents and bypass surgery would do just fine with dietary change, medical treatment of their heart problem, chelation therapy, and, if they have angina, ECP. It is not likely that your cardiologist will tell you that. This book also points out why that is so. In addition to the obvious profit motive, the book explains that "we have trained too many cardiologists and in order for these cardiologists to keep up their certification they must perform a minimum number of procedures per year." "Patients are often unnecessarily scared into surgery when the doctor shows them the angiogram and announces 'this artery is what we call a 'widow maker', it is a critical lesion, if we don't operate you will be dead by Christmas, you are a walking time bomb'. You may be shocked to find out that these scare tactics are not supported by the scientific research. As you will read later, a physician cannot tell by looking at an angiogram whether a blockage will cause a heart attack or not! And just as important is the little known fact that the risk

of death or heart attack is only 2% per year in patients with stable coronary disease. This statistic is so poorly known that most physicians, when asked what they believed the patients risk of death or heart attack to was, gave the wildly inflated estimates of 15% to 50% per year. When this 2% per year heart attack rate is compared to the 4% to 8% risk of death from bypass surgery, a startling fact is realized. The surgical cure for coronary artery disease can be more deadly than the disease itself."THE BEST PART OF THIS BOOK is that the book reviews, one paragraph at a time, the published literature on the results of the traditional angiogram, angioplasty, stent and bypass surgery "train" (once a patient gets on the train, it is difficult to get off) and gives you the information you need to make an informed decision with facts your cardiologist may not be anxious for you to know:"it was found that angioplasty patients had 90% more deaths and heart attacks than those patients receiving only medical therapy. Even more significant was that the risk of death, heart attack, or coronary artery bypass surgery was 42% lower in the patients that had medical therapy instead of angioplasty." (RITA-2, Lancet 1999)."We believe that the illusion of cardiology is that bypass or dilatation of coronary stenosis reduces the risk of myocardial infarction." (James S. Forrester, MD [Cedars Sinai Medical Center] Circulation 1977).Ultimately, the decision of whether or not to submit yourself to an angiogram, angioplasty, stent, and/or bypass surgery is a personal decision that only you can make. You need to know that each step leads to the next. Unfortunately, most of us "in the heat of the moment" won't take the time to slow the Medical Industrial Complex down enough for us to weigh all of our options. This book is well written, an easy read, and a contains a pile of information you will find difficult to piece together elsewhere. If you or a loved one has a heart problem (including a history of previous bypass surgery or angioplasty) please read this book AND Bypassing Bypass Surgery (Dr. E Cranton) to get the other side of the story. And read them now, before you are in an emergency situation and everyone is yelling at you to hop on the Medical Industrial Complex train.

This book should be in every cardiologist's office. I'll go even further, it should be required reading before visiting a cardiologist's office. It provides information that is well written and easily understood, quoting "medical studies" that would otherwise remain unavailable and unknown to the average patient. I think everyone, as I was, will be amazed at the results of these "studies". While it doesn't discard bypass surgery, it certainly will open your eyes as to the dark side of this over-performed procedure. I really think that this book will result in saving a lot of people's lives and I know it will help preserve a quality of life that could otherwise be lost. I have bought every book that I can find that has as it's subject matter, Bypass Surgery. This one, by far, is the best and most

understandable, while providing more information to equip you in making this most important decision as to the type of treatment you may desire for yourself or a loved one.

In language as compelling as the importance of the topic, Dr. J. reveals well-guarded secrets about coronary disease, its usual treatment and important options such as ECP. Unless "Passing on Bypass" becomes required reading for all cardiology fellows and practitioners, it may represent the best "second opinion" anyone (faced with angina or a failed treadmill test) can obtain. Courageously written, this book could easily save thousands from making an unnecessary journey to cardiac surgery. After reading this book, the intelligent layperson will generally understand the various options somewhat better than the average cardiologist in practice...so beware.

Dr. George Jueteronke has been my doctor for the last 10 years. His new book "Passing On Bypass" is an excellent example of how his mind works toward helping his patients. This book will give you plenty of information to make an educated decision about whether to have surgery or not. I personally would have the External Counter Pulsation. You lie comfortably on a table and the machine does all the work for you. This is a great breakthrough for heart patients!

all I can say is this is a very important book. The procedure discussed in this book has added years to my fathers life.

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